



How To Administer a DMPA Injection Using an AD Syringe



Preparing the DMPA Injection:

Shake the DMPA vial vigorously until the settled content is fully dissolved. There should be no white residue left at the bottom of the vial.

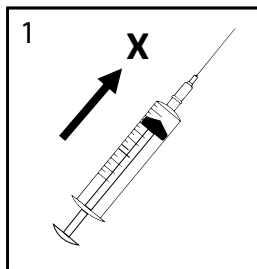
A 1ml AD (Auto Disable) syringe specifically for the DMPA injection is provided by the Family Health Bureau. Only use this syringe for DMPA administration.

Remove the AD syringe from its packaging.

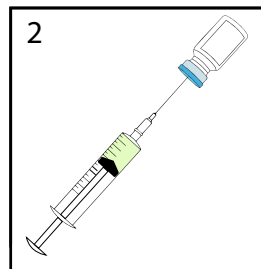
Important Note:

Do not push the plunger towards the needle before drawing the injection.

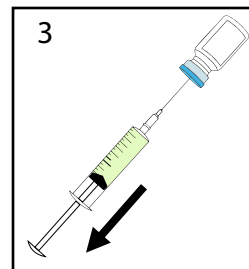
Doing so will **disable the syringe!**



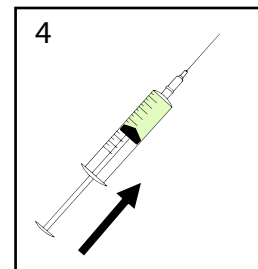
DO NOT push the plunger forward prior to filling the medication



Insert the needle through the rubber seal of the DMPA vial.



Pull the plunger back as much as possible to draw all the liquid into the syringe



Adjust the DMPA-filled syringe to 1ml, ensuring no air bubbles remain.

Administering the Injection:

1. Make sure the recipient is seated comfortably.
2. Instruct the recipient to adjust their clothing to fully expose the upper part of their non-dominant arm.
3. Insert the needle at a 90-degree angle, ensuring it penetrates fully into the muscle.
4. Slowly administer the **full dose** of DMPA over 5-7 seconds.
5. Observe the recipient for approximately 20-30 minutes after the injection.